

GENDER MATTERS; CREATING TRAUMA-INFORMED SERVICES FOR WOMEN

Dr. Vivian Brown and
Dr. Stephanie Covington
July 15, 2009

9:00 AM – 4:00 PM

Registration begins at **8:30 AM**

UC Center
550 E Shaw Ave.
Fresno, CA. 93710

Gender Matters: Creating Trauma-Informed Services for Women

While research and clinical experience indicate a high incidence of trauma and co-occurring disorders in women's lives, administrators and counselors often struggle with the realities of providing effective, integrated, and trauma-informed treatment. This one-day training is designed to introduce the principles and process of developing trauma-informed services – and provide a basic "How-To." Attendees will have an opportunity to do a self-assessment of their programs. The training will also focus on the three core things that both staff and clients need: an understanding of what trauma is, its process, and its impact on both the inner self (thoughts, feelings, beliefs, values) and the other self (behavior and relationships, including parenting).

In addition, there will be a discussion and demonstration of treatment strategies based on the woman-centered trauma treatment curriculum, *Beyond Trauma*, which was designed for use in outpatient, residential, and criminal justice settings. Cognitive-behavioral techniques, expressive arts, and the principles of relational therapy are integrated in this strength-based approach.

This event is provided at no cost through a contract with the Department of Alcohol and Drug Programs and with the support of WestCare, Inc.

Seating is limited and registration is required, registration closes 1 week prior to event or at capacity.

If you need a disability-related reasonable accommodation, please contact brianna@caarr.org at least 3 weeks prior to event.

FAX this completed form to Brianna # 916 338-9468 no cover page necessary, you will receive confirmation of registration within 48 hours (weekends excluded) or you will be notified if training is already FULL.

Please register me/my team for :

☐ **Creating Trauma-Informed Services 7-15-09**
Lunch on site 12:00-1:00 PM

BOX LUNCH available for \$10.00 for this event only.
Cash or Checks (payable to Westcare) at event, not before.
Please indicate your sandwich selection here:

☐Turkey ☐Roast Beef ☐Vegetarian

Name

Name

Name

Organization

E-Mail Address

(_____) _____
Phone #

Please e-mail /FAX confirmation of this registration to:

PLEASE ALLOW 48 HOURS FOR CAARR TO RESPOND
CAARR Office only: Confirmation # _____

**If you register and cannot attend PLEASE LET US KNOW
BY FAX AS SOON AS POSSIBLE.**

Certificates for 6 hours of continuing education are available at no cost (for this event only) for the following providers:

CAS #5001
RAS# CEP0604111325-CAR-CW-HE
CAADAC #5-02-485-0510
CAADE #CP152790710
BBS #PCE2822

Vivian B. Brown, Ph.D. is the founder and recently retired Chief Executive Officer of PROTOTYPES, Centers for Innovation in Health, Mental Health, and Social Services. She has more than 40 years of experience developing innovative, community-based services, including substance abuse treatment services; HIV/AIDS outreach, prevention, and interventions for women; specialized services for women, their children, and their families; mental health treatment and specialized co-occurring disorders interventions; trauma and domestic violence prevention and intervention services. Dr. Brown has authored more than 60 works, including numerous professional journal articles and book chapters. She has also served on numerous federal, state, and local policy committees, including as Co-chair of the National Advisory Council of the Substance Abuse and Mental Health Services Administration (SAMHSA) and member of SAMHSA's Advisory Committee on Women's Services. Dr. Brown has served as a consultant in the areas of mental health, women's health, substance abuse, HIV/AIDS, and trauma and trauma-informed care to a wide variety of state, national, and international organizations.



Dr. Stephanie Covington is a clinician, author, organizational consultant, and lecturer. Recognized for her pioneering work in the area of women's issues, Dr. Covington specializes in the development and implementation of gender-responsive services. She has conducted seminars on addiction, sexuality, families, and relationships for health professionals, business and community organizations, and recovery groups in the US, Mexico, Europe, Guam, Africa & New Zealand. The seminars, both practical and sensitive in approach, provide attendees with a valuable opportunity to learn new skills for dealing with personal, institutional, and societal changes as we move into the twenty-first century.